

Mo	Di	Mi	Do	Fr	Sa	So
<u>08:15 – 08:45</u> <b>Yoga 1</b> Anfänger	<u>08:15 – 08:45</u> <b>Rücken 1</b>	<u>08:15 – 08:45</u> <b>Yoga 1</b>	<u>08:15 – 08:45</u> <b>Rücken 2</b>	<u>08:15 – 09:00</u> <b>Yoga 3</b>		<u>09:15 – 10:00</u> <b>3D- Back</b>
<u>08:45 – 09:15</u> <b>Yoga</b> Anfänger	<u>08:45 – 09:15</u> <b>Bauch 1</b>	<u>08:45 – 09:15</u> <b>Yoga 2</b>	<u>08:45 – 09:15</u> <b>Bauch intensiv 2</b>			
<u>11:30 – 12:00</u> <b>Aerobic 1</b>	<u>10:30 – 11:15</u> <b>3D-Back</b>		<u>10:30 – 11:15</u> <b>3D- Back</b>			<u>11:30 – 12:00</u> <b>Step</b>
<u>12:00 – 12:30</u> <b>BBP 1</b>	<u>11:15 – 11:45</u> <b>Bodytoning</b>	<u>11:15 – 11:45</u> <b>Aerobic 2</b>	<u>11:15 – 12:00</u> <b>Bodytoning</b>	<u>11:30 – 12:00</u> <b>Pilates 1</b>		<u>12:00 – 12:30</u> <b>Bauch intensiv 1</b>
<u>12:30 – 13:00</u> <b>BBP 2</b>	<u>12:00 – 12:30</u> <b>Yoga 1</b> Anfänger	<u>12:00 – 12:30</u> <b>BBP 1</b>	<u>12:00 – 12:30</u> <b>Yoga 1</b> Anfänger	<u>12:00 – 12:30</u> <b>Pilates 2</b>		<u>12:30 – 13:00</u> <b>Bauch intensiv 2</b>
<u>13:00 – 13:30</u> <b>Bodystyling 1</b>	<u>12:30 – 13:00</u> <b>Yoga 2</b> Anfänger	<u>12:30 – 13:00</u> <b>BBP 2</b>	<u>12:30 – 13:00</u> <b>Yoga 2</b> Anfänger	<u>12:30 – 13:00</u> <b>Aerobic 1</b>		<u>13:00 – 13:30</u> <b>BBP 1</b>
<u>13:30 – 14:00</u> <b>Bodystyling 2</b>	<u>13:00 – 13:30</u> <b>Yoga 1</b> Fortgeschrittene	<u>13:00 – 13:45</u> <b>Bodytoning</b>	<u>13:00 – 13:30</u> <b>Yoga 1</b> Fortgeschrittene	<u>13:00 – 13:30</u> <b>Aerobic 2</b>		<u>13:30 – 14:30</u> <b>Langhanteltraining</b>
<u>14:00 – 14:30</u> <b>Bauch 1</b>	<u>13:30 – 14:00</u> <b>Yoga 2</b> Fortgeschrittene	<u>13:45 – 14:30</u> <b>3D- Back</b>	<u>13:30 – 14:00</u> <b>Yoga 2</b> Fortgeschrittene	<u>13:30 – 14:00</u> <b>Rücken 1</b>	<u>13:15 – 14:15</u> <b>Langhanteltraining</b>	<u>14:35 – 15:40</u> <b>Indoor-Cycling</b>
<u>14:30 – 15:00</u> <b>HipHop 1</b>	<u>14:00 – 15:00</u> <b>Yoga 3</b>	<u>14:30 – 15:00</u> <b>Bauch 1</b>	<u>14:00 – 15:00</u> <b>Yoga 3</b>	<u>14:00 – 14:30</u> <b>Rücken 2</b>	<u>14:20 – 15:25</u> <b>Indoor-Cycling</b>	
<u>15:00 – 15:30</u> <b>HipHop 2</b>	<u>15:00 – 15:30</u> <b>Reggaeton 1</b>	<u>15:00 – 15:30</u> <b>HipHop 1</b>	<u>15:00 – 15:30</u> <b>Reggaeton 1</b>	<u>14:30 – 15:00</u> <b>Bauch intensiv 2</b>	<u>15:30 – 16:30</u> <b>Langhanteltraining</b>	
<u>15:30 – 16:00</u> <b>Pilates 1</b>	<u>15:30 – 16:00</u> <b>Reggaeton 2</b>	<u>15:30 – 16:00</u> <b>HipHop 2</b>	<u>15:45 – 16:45</u> <b>Langhanteltraining</b>	<u>15:00 – 15:30</u> <b>HipHop 1</b>	<u>16:35 – 17:40</u> <b>Indoor-Cycling</b>	
<u>16:00 – 17:00</u> <b>Langhanteltraining</b>	<u>16:00 – 16:30</u> <b>Pilates 2</b>	<u>16:30 – 17:30</u> <b>Langhanteltraining</b>	<u>16:50 – 17:55</u> <b>Indoor-Cycling</b>	<u>15:30 – 16:00</u> <b>HipHop 2</b>		
<u>17:00 – 18:05</u> <b>Indoor-Cycling</b>	<u>16:30 – 17:00</u> <b>BBP 1</b>			<u>16:00 – 16:30</u> <b>BBP 1</b>		
	<u>17:00 – 17:30</u> <b>BBP 2</b>			<u>16:30 – 17:00</u> <b>BBP 2</b>		
<u>20:45 – 21:30</u> <b>Pilates 1</b>	<u>20:15-20:45</u> <b>Mobility</b>	<u>19:45 – 20:50</u> <b>Indoor-Cycling</b>	<u>20:15 – 20:45</u> <b>Mobility</b>	<u>20:30 – 21:00</u> <b>Pilates 3</b>	<u>17:00 – 17:30</u> <b>BBP 2</b>	